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ENT Short Cases

INTRODUCTION

ENT problems are common in primary care, but many GPs and Practice Nurses feel that their ENT knowledge and skills are limited. This module aims to look at recently published “Short Case” evidence and focuses on:

- Current treatment for nasal polyps
- Assessment and treatment of snoring
- Identifying patients with obstructive sleep apnoea and a review of current management
- The discharging ear, including cholesteatoma
- Treatment of epistaxis
- Self-treatment for patients with ear wax

This module will not cover dizziness or treatment of sore throat, as these topics are covered in other PBSGL modules. The module was reviewed by 2 expert reviewers and their comments are shown in square brackets [].