

# Cradle to Grave

Lifelong Learning for Lifelong Care  
Golden Jubilee Conference Hotel, Glasgow  
24th & 25th May 2019



## Course Description

This course will consist of a series of short presentations on common healthcare dilemmas from childhood to old age. All of our speakers are local NHS Consultants/professionals who have worked with the NES team to pinpoint key learning for their specific area of expertise. There will be opportunities to ask questions and gain valuable take home learning points for lifelong care.

## Course can be booked as 1 or 2 days

## Programme:

### DAY 1

SLOT	TOPIC	SPEAKER
09:00—09:30	<b>Registration and Refreshments</b>	
09:30—09:35	Welcome from the Chair	Dr David Cunningham GP in Irvine and Assistant Director of GP Education (CPD)
09:35—10:20	Skinny Weans	Dr Hilary Pearce Consultant Paediatrician NHS Greater Glasgow & Clyde
10:20—11:05	Taking displeasure in other people's leisure	Dr Andrew Russell Consultant in Emergency Medicine NHS Lanarkshire
11:05—11:30	<b>Refreshments &amp; Exhibitions</b>	
11:30—12:15	Worried Weans	Dr Jenny Lim Retired GPwSI Young People and Mental Wellbeing
12:15—13:00	Sleepless Weans	Dr Alison Kelly Consultant Paediatrician NHS Greater Glasgow & Clyde
13:00—13:50	<b>Lunch &amp; Exhibitions</b>	
13:50—13:55	Welcome from the Chair	Vicki Waqa Specialist Lead (GPN CPD), NES
13:55—14:40	Sexual Attitudes and Norms of Teenagers: The sex lives and attitudes of younger people in 2019	Jill Wilson Project Manager, Sexual Health Education NHS Greater Glasgow & Clyde
14:40—15:25	Fibromyalgia: Diagnosis and management tips to help with the rise in patient numbers, with a focus on exercise and rehabilitation	Dr Gillian Roberts Consultant Rheumatologist Fiona Collins Specialist Rheumatology Physiotherapist NHS Greater Glasgow & Clyde
15:25—15:45	<b>Refreshments &amp; Exhibitions</b>	
15:45—16:30	Contraception through the ages	Dr Julie Cumming Associate Specialist in Sexual and Reproductive Health Sandyford Sexual Health Service, Glasgow
16:30	<b>Close</b>	

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## Programme:

### DAY 2

SLOT	TOPIC	SPEAKER
09:00—09:30	<b>Registration and Refreshments</b>	
09:30—09:35	Welcome from the Chair	Dr Sarah Luty GP in Kilmacolm and NES Associate Adviser (CPD)
09:35—10:20	Gabapentinoids – The New Benzodiazepines?	Dr Craig Sayers Clinical Lead Prison Healthcare NHS Forth Valley
10:20—11:05	Diabetes – Heartsinks/Challenges	Dr Brian Scott GP in Paisley and Hospital Practitioner in Diabetes NHS Greater Glasgow & Clyde
11:05—11:30	<b>Refreshments &amp; Exhibitions</b>	
11:30—12:15	Headache for the Busy GP	Dr David Watson GP in Aberdeen and GPwSI Headache NHS Grampian
12:15—13:00	Psychological Trauma in Practice	Dr Susan Ramsay Consultant Clinical Psychologist NHS Forth Valley
13:00—13:50	<b>Lunch &amp; Exhibitions</b>	
13:50—13:55	Welcome from the Chair	Dr Chris Black GP in Irvine and NES Associate Adviser (CPD)
13:55—14:40	COPD	Dr Hans Hartung Consultant Respiratory Physician NHS Ayrshire & Arran
14:40—15:25	Older Skin	Dr Gregory Parkins Consultant Dermatologist NHS Greater Glasgow & Clyde
15:25—15:45	<b>Refreshments &amp; Exhibitions</b>	
15:45—16:30	Realistic Geriatric Medicine	Dr Iain Keith Acute Care Clinician NHS Greater Glasgow & Clyde
16:30	<b>Close</b>	