

# Environmental Health

## Air Quality In and Around the Home

### Introduction

Short- and long-term exposure to air pollution is associated with many adverse health effects. These often present with non-specific signs and symptoms that can cloud recognition of an environmental aetiology and subsequent management. Timely action is important to prevent disease and educate patients about any risks that may impact on their health.

### Objectives

This module will enable clinicians to:

- Take an environmental exposure history including specific issues relevant to outdoor air pollution and indoor exposure to mould.
- Counsel patients about the relevant health risks of radon and any need for residential testing.
- Identify patients at higher risk from the health effects of air pollution (primarily chronic respiratory and cardiovascular disease) and create an action plan.
- Access credible environmental health information on air quality.

This module will not address the management of environmental exposure in the workplace.