

Spotlight on Alcohol-use Disorder

[The Cochrane 2018 Review on Brief Interventions in Primary Care for Hazardous and Harmful Alcohol Consumption: A Distillation for Clinicians and Policy Makers.](#) Beyer FR et al Alcohol and Alcoholism 2019 07;54(4):417-427.

[Considering the risks to children of parental alcohol misuse](#)
Noakes, Amy. Journal of Health Visiting, 2019, vol 7, (1) p 14

BMJ Best Practice

[Alcohol-use disorder](#)

BMJ Journals

[Large study is “robust” evidence of link between chronic heavy drinking and dementia.](#)

[Alcohol and hepatocellular carcinoma](#)

Dynamed

[Alcohol-use disorder](#)

You can access these subscription resources password free if you are on NHSScotland premises. Otherwise you will need to use your [NHSS OpenAthens username](#).




It's quick and easy to register and you can sign up at www.knowledge.scot.nhs.uk

For help contact Knowledge Services Help Desk: knowledge@nes.scot.nhs.uk



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Spotlight on Alcohol-use Disorder

All these journals are free to access online via the Knowledge Network library.
Click on the links to see more:

[Alcohol](#)

[Alcohol Research: Current Reviews](#)

[Drug and Alcohol Dependence](#)

[Drugs and Alcohol Today](#)

E- Books:

[ABC of Alcohol](#)

[Adult drug and alcohol problems, children's needs: an interdisciplinary training resource for professionals – with practice and assessment tools, exercises and pro-formas.](#)



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Information to Support Patients

[NHS Inform - Information on drinking sensibly, knowing your limits and getting support for alcohol abuse.](#)

[Alcohol-use disorder – Patient information from BMJ](#)

[Alcohol withdrawal and alcohol detoxification – patient information from Dynamed](#)

[Addaction Scotland](#)

[Alcoholics Anonymous](#)

[Alcohol Focus Scotland](#)

[Drinkaware](#)

[Scottish families affected by alcohol and drugs](#)



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Remember health literacy issues

It can be difficult when working with patients to know whether the information you are providing is being understood. People may hide any communication or understanding issues they have. Therefore, it is key that practitioners communicate in an effective manner. Use these communication techniques:



Teach Back is a simple way to check understanding. Ask the person to tell you in their own words. Say that it is not a test but you would like to make sure that you have explained everything correctly.



Break down the information that you need to discuss and that you need the person to understand into smaller more manageable chunks rather than providing it all at once.

For more information visit www.healthliteracyplace.org.uk



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