

# Psychiatry Short Cases

## Introduction

This module will look at a range of psychiatric problems which may present in Primary Care and which are not covered in other PBSGL modules.

These conditions have the potential to have a significant and disabling effect on a patient's quality of life. They are also conditions which patients may present as a self-diagnosis or concern. Patients may associate mood swings with bipolar disorder, poor concentration with attention deficit hyperactivity disorder (ADHD) and being a perfectionist or liking to have things clean and ordered with obsessive compulsive disorder (OCD). This may cause confusion for the patient or a diagnostic dilemma for the clinician.

The module will focus on the aspects of diagnosis, management and follow up which occurs in primary and not secondary care for the following topics chosen by an inter-professional focus group of practising clinicians:

- Bipolar disorder
- Attention Deficit Hyperactivity Disorder (ADHD) in adults
- Insomnia
- Obsessive compulsive disorder

### Psychiatric topics covered in other modules include:

Anxiety disorder, bereavement, chronic pain, cognitive assessment in older people, dementia, depression, depression in pregnancy, drug misuse, post-menopausal symptoms, mental health in children, adolescents and young people, personality disorder and the Mental Health Act.