**Appendix 1**

**Useful resources**

[BMJ Learning. Dix Hallpike Test: Video demonstrating how the Dix Hallpike is conducted](https://youtu.be/8RYB2QlO1N4)

HINTs Video link to HINTS: This excellent video explains how to do the HINTs test, examples of positive findings and their interpretation. [The HINTS exam - YouTube](https://www.youtube.com/watch?v=1q-VTKPweuk)

Epley Manoeuvre [BMJ Learning - video](https://youtu.be/jBzID5nVQjk)

[Understanding vertigo and balance tests video](https://youtu.be/aLBX35i7hOY). ENT surgeon discusses vertigo and demonstrates Romberg’s and Underberger’s tests.

[Patient.info. Vestibular neuritis and labyrinthitis. Patient article](https://patient.info/signs-symptoms/dizziness/vestibular-neuritis-and-labyrinthitis-causes-and-treatment)

Ménières Society Website-lots of information and good resources for patients [Ménière’s Society: The national charity for people with dizziness… | Ménière’s Society (Ménières.org.uk)](https://www.menieres.org.uk/)

Migraine Trust: [Home - The Migraine Trust](https://migrainetrust.org/)