

Appendix 1

Useful resources

[BMJ Learning. Dix Hallpike Test: Video demonstrating how the Dix Hallpike is conducted](#)

HINTs Video link to HINTS: This excellent video explains how to do the HINTs test, examples of positive findings and their interpretation. [The HINTS exam - YouTube](#)

Epley Manoeuvre [BMJ Learning - video](#)

[Understanding vertigo and balance tests video.](#) ENT surgeon discusses vertigo and demonstrates Romberg's and Underberger's tests.

[Patient.info. Vestibular neuritis and labyrinthitis. Patient article](#)

Ménière's Society Website-lots of information and good resources for patients [Ménière's Society: The national charity for people with dizziness... | Ménière's Society \(Ménières.org.uk\)](#)

Migraine Trust: [Home - The Migraine Trust](#)