

Appendices

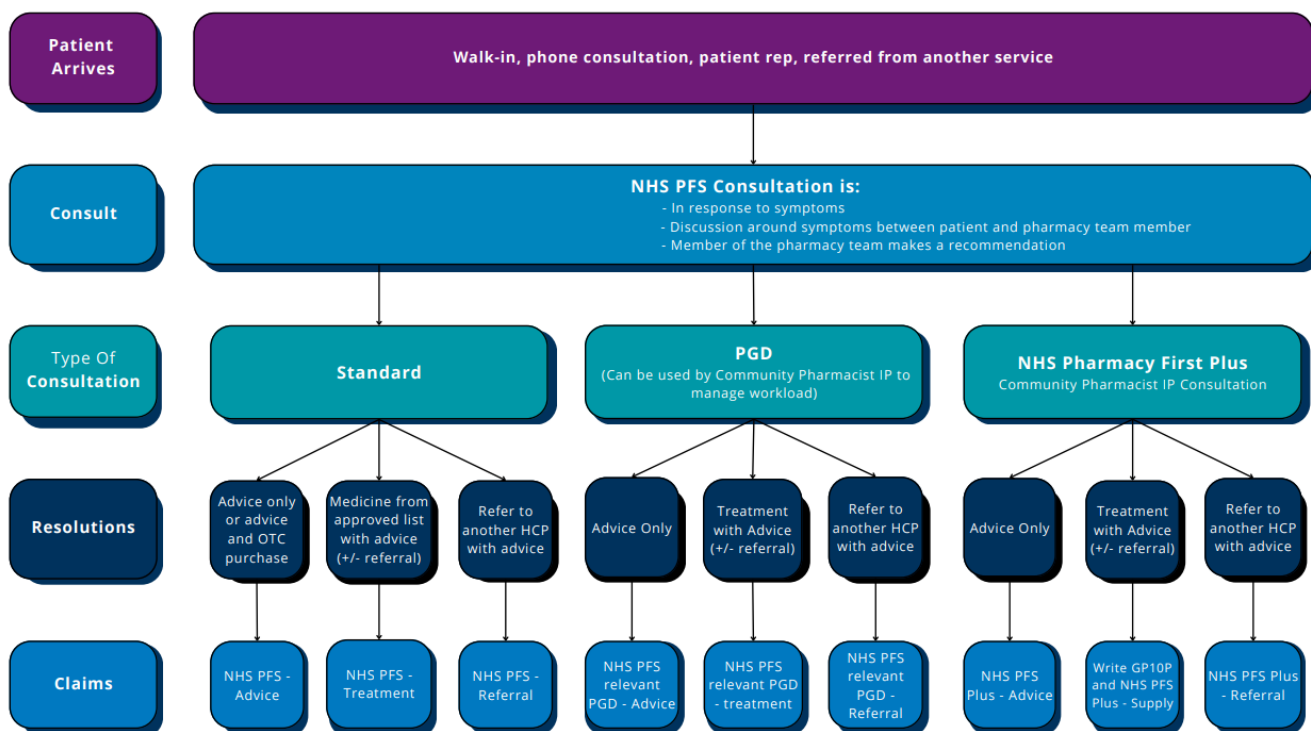
Appendix 1. Flowchart to illustrate patient journey when using NHS Pharmacy First Scotland (Source: NHS Pharmacy First Scotland Service | Community Pharmacy Scotland)



Version 2, January 2025

NHS Pharmacy First Scotland (NHSPFS)

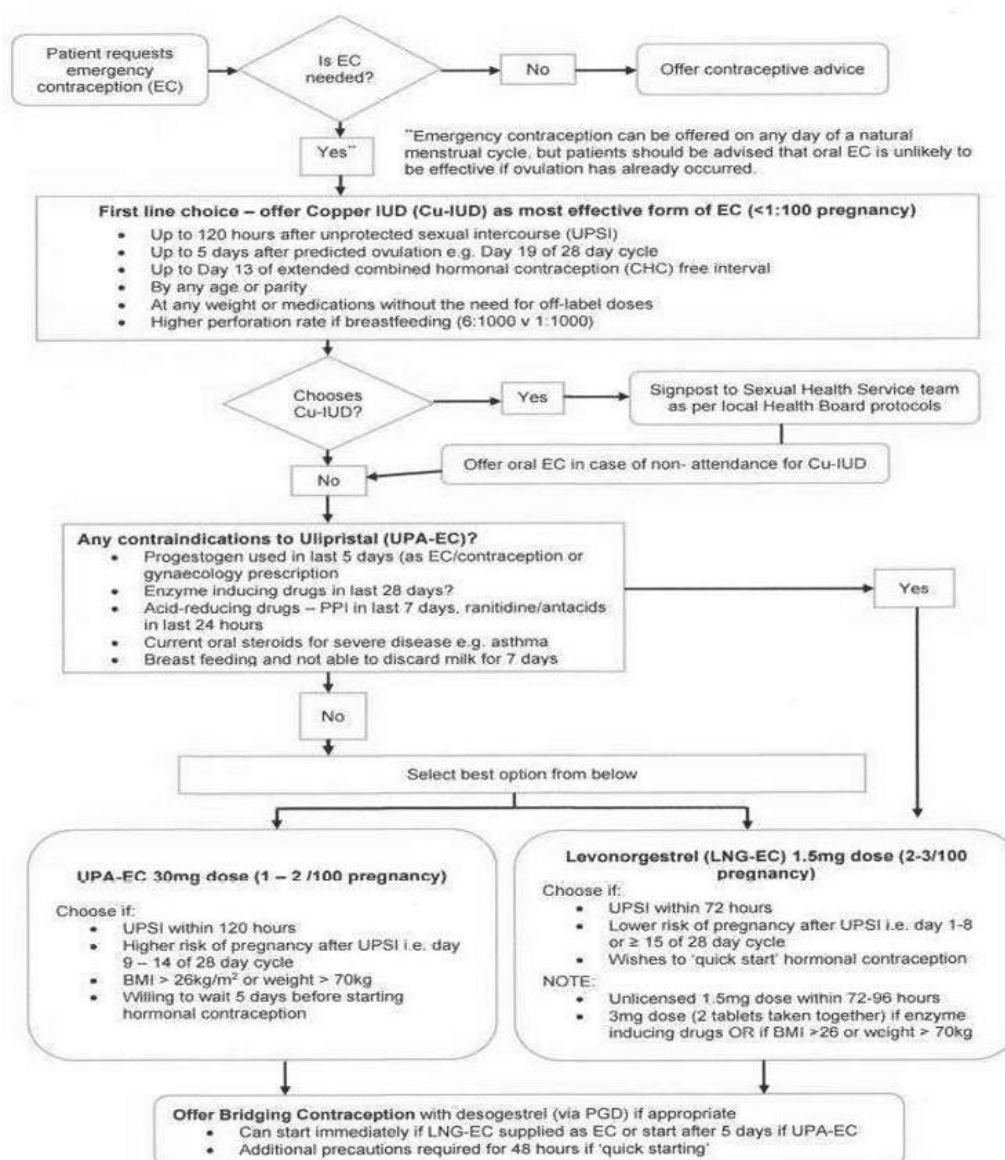
Patient Journey: Flow Chart



Appendix 2. Emergency Contraception Flowchart [EHC Flow]

Flowchart for Emergency Contraception (EC)

Ulipristal Acetate (UPA-EC) versus Levonorgestrel (LNG-EC) if Copper IUD (Cu-IUD) is not appropriate or acceptable.



- A pharmacist can give you advice and treatment (if you need it) for minor illnesses such as the following.
 - Acne
 - Allergies
 - Athlete's foot
 - Backache
 - Blocked or runny nose
 - Cold sores
 - Constipation
 - Cough
 - Cystitis (in women)
 - Diarrhoea
 - Earache
 - Eczema
 - Headache
 - Head lice
 - Haemorrhoids (piles)
 - Hay fever
 - Impetigo
 - Indigestion
 - Mouth ulcers
 - Sore throat
 - Pain
 - Period pain
 - Threadworms
 - Thrush
 - Warts
 - Verrucas

- Pharmacists, like GPs, can only provide certain medicines and products on the NHS. All of these are proven to be effective for treating your condition. If you want a specific medicine or product, you may need to buy it. The pharmacist will give you advice on this.
- If the pharmacist thinks it is better for you to see your GP, they may refer you directly or tell you to make an appointment.